

Warrington Dolphins Long Distance Swimming Club

www.warrington-dolphins.co.uk

Newsletter - May 2023

Welcome everyone whether a new member or a returning member. We held our AGM at the end of March. At the meeting Alison Willis joined the committee and I welcome her. Some of you may not know Alison but those of you who have been to Budworth will have met her. She has been the shore 'major' counting swimmers in and out and famous for organising shoes at the water's edge. Alison has also coached a few Broomfields sessions. Also at the AGM I took over as President. I'd like to thank Dave Bowker for his considerable efforts of holding the club together after Rob Waterhouse moving away from the area and the results of Covid upon the club.

In late January we held our 1500m event at Warrington's Jubilee Hub. The swim format was a repeat of previous years and was a great success. It was lovely to see old friends from other clubs taking part once more. We plan to hold next year's on a similar date. But our thanks must go to Kalliopi for her excellent organisation of the event.

We continue to hold our Monday night training sessions at Broomfields Leisure Centre (8pm to 9pm). We have a small core of regular swimmers attending. More would be excellent.

This year eight swimmers took part in the BLDSA OHC (Postal Swim). We allocated 2 sessions to complete the swim. Michaela Richard and Keith Bosson swam the greatest distances and both finished 2nd as did Chris Carter. Results for the other swimmers were Kalliopi Sinclair 11th, Martin Garbutt 5th, Julie Trevor 5th, Karen Hodgkins 4th & Andy Wright 3rd. We also entered 2 teams, the Ladies+45 finished 1st and the Gents +55 finished 2nd.

We have now also held a number of sessions at Budworth on Tuesday evenings currently running from 6pm to 8pm. Our first session was on the 18th April and Kalliopi couldn't resist a dip even though the water temperature was only 10.5 °C. However, a couple of weeks later and the water temperature had risen to 14.5 °C and Keith Bosson couldn't resist a swim. He later said it was his 1st for 11 years. Last week the water temperature was 16.5 °C and even I had no excuse to get in. Thoroughly enjoyed it. I check the water quality weekly so keep an eye on either the Budworth OW WhatsApp group or our FB page.

Kalliopi also decided to promote Budworth on FB adding in other FB groups. We had a fantastic response and I'm sure that the interest will turn into attendance.

On a slightly different note, Chris Carter is due to have a hip replacement so this will curtail his swimming over the next few weeks while he recovers. We wish him well and a speedy recovery. Although Larry was asking whether it was a bionic hip which could control Chris directional swimming in the lake!

See you all soon.

Andy Wright President